

Seeking help for depression, stress and other types of mental illness is a big step. LiveHealth Online makes it easier for you to take that step by providing convenient access to licensed therapists in the privacy of your own home or office.



QUICK

In most cases, the first visit can be scheduled within four days or less.



Download the free LiveHealth Online app or access livehealthonline.com and follow the prompts to sign up.



Have a live video call with a psychologist or therapist from a convenient and comfortable environment, such as your home.



that's
58 million people

**Yet,
1 in 5 adults**

report they do not get the mental health support they feel they need, and only 36% of adults sought treatment for stress.

80% of Americans report experiencing stress. That's nearly 260 million people! Additionally, 66% of people believe that their stress impacts their overall health.



Psychologists and therapists seen through LiveHealth Online Psychology can help you with many conditions, including:

- Stress
- Anxiety
- Depression
- Relationship or family issues

- Grief
- Panic attacks
- Coping with an illness



7 days a week

7 a.m. to 11 p.m. coast to coast.



Prescription free

Psychologists and therapists are not able to prescribe medications.



Available to

adults and children
10 and older.



**Fees based on a
45-minute visit**

and vary depending on type of visit, professional, and insurance coverage.

To learn more about LiveHealth Online, visit livehealthonline.com.

Please note: Because of the dynamic nature of telehealth, laws, statutes, or policies regarding telehealth vary by state and change frequently. For the very latest availability, please go to: livehealthonline.com. LiveHealth Online is the trade name of Health Management Corporation. © 2018 Health Management Corporation. All rights reserved.

Sources:

Mental Health America website, *Parity or Disparity: The State of Mental Health in America 2015 report* (accessed April 2018); mentalhealthamerica.net. Google Survey commissioned by LiveHealth Online, March 2017.

Update published May 2017.