

A Guide to Understanding Your my|CalPERS Open Enrollment Information

Access Your Health Open Enrollment Information Online Through my|CalPERS

The my|CalPERS Health Open Enrollment page provides you customized health information to enable you to make informed decisions about your health plan options during the Open Enrollment period. This guide will assist you in understanding the information available to you and highlight online tools you can use to access and manage your health benefits.

Accessing Your Health Open Enrollment Page

1. Log in to your my|CalPERS account at my.calpers.ca.gov.
2. Select the **Health** tab, from the Home page.
3. Select the secondary **Open Enrollment** tab.

If you experience difficulties logging in to your account or need to retrieve your username or password, please follow the prompts to identify yourself and answer your security questions in the my|CalPERS log-in screen.

Viewing Your Health Open Enrollment Page

- 1 Open Enrollment**
Informs you of Open Enrollment dates and what you can do during the Open Enrollment period.
- 2 CalPERS Health Publications**
Allows you to view, download, print, or order publications.
- 3 Special Message**
Informs you of specific health benefit changes that may impact you in the upcoming year.
- 4 Things You Need to Know**
Make an informed decision about your health plan options. Review your current and next year's monthly premium rates, view available health plans and their cost within your eligibility ZIP code, and obtain information about your employer contribution.
- 5 Tools to Help You Choose the Right Health Plan**
View publications and additional resources to educate yourself and help you manage your health benefits.

Additional my|CalPERS Information and Tools

For additional information under the **Health** tab, go to:

Health Plan Summary — View your current health coverage summary and list of enrolled dependents.

Find a Medical Plan — Use your eligibility ZIP code to search for available health plans and monthly premium rates.

my|CalPERS Health Open Enrollment Page

The screenshot shows the my|CalPERS Health Open Enrollment page. The page has a navigation bar with tabs for Home, Retirement, Health, Statements, Education Resources, Profile, and Message Center. The Health tab is selected, and the Open Enrollment sub-tab is active. The main content area includes:

- Open Enrollment 1**: A section with a green header and a circled '1'. It states that Open Enrollment starts in September and ends in October. Below this, it lists actions you can take during the period: change your health plan, add eligible dependents, remove dependents, and cancel existing coverage.
- Special Message Just for You 3**: A section with a circled '3' and a green header. It is titled "Changes to Your Health Coverage".
- Ready to Get Started?**: A section with a green header. It provides information about understanding health plan enrollment and lists resources like personalized health information, health plan options, and available doctors.
- Step 1: Things You Need to Know 4**: A section with a circled '4' and a green header.
- Step 2: Tools to Help You Choose the Right Health Plan 5**: A section with a circled '5' and a green header.
- Health Plan Changes**: A section with a green header. It includes a sub-section "Changing Your Health Benefits?" and a note that Open Enrollment is almost over.
- Do you need a printed version of a CalPERS health publication? 2**: A callout box with a circled '2' that offers to order a printed version of the Health Benefit Summary, Health Program Guide, or CalPERS Medicare Enrollment Guide.